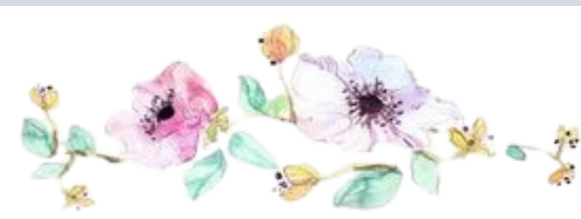




# March 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Riverside Suites</div> <div>**programs are subject to change**</div>			10:30 Chair Fitness <b>1</b> 2:00 Bean Bag Toss	10:30 Word Games <b>2</b> 2:00 Paint Class	10:30 Jewellery Making <b>3</b> 2:00 Bingo	10:30 Independent Activities <b>4</b> 2:00 Friendly Visits
10:30 Eldercare on YouTube <b>5</b> 2:00 Movies	10:30 Chair Fitness <b>6</b> 2:00 Piano Music With Christina (Chapel)	10:30 Crafts <b>7</b> 2:00 Music with Mary and Norm (Chapel)	10:30 Word Games <b>8</b> 2:00 Womens Day Social International Womens Day	10:30 Armchair Travels <b>9</b> 2:00 Independent Activities	10:30 You vs The wild with Bear Grylls <b>10</b> 2:00 Bingo	10:30 Aqua Painting <b>11</b> 2:00 Board Games
10:30 Movies <b>12</b> 2:00 Spiritual Service with Chaplin Mark Daylight Savings Start 	10:30 Colouring Club <b>13</b> 2:00 Music with Glen and Company (Riverside) 2:00 Piano Music With Christina (Chapel)	10:30 Crafts <b>14</b> 2:00 Family Feud- Maple Heights Vs Riverside	10:30 Chair Fitness <b>15</b> 2:00 Bowling	10:30 Reading Group <b>16</b> 2:00 Music with Leaving Tracks (Maple Heights)	10:30 St. Patrick's Day Activity <b>17</b> 2:00 St. Patrick's Day Social  St. Patrick's Day	10:30 Independant Activities <b>18</b> 2:00 Friendly Visits
10:30 Eldercare on YouTube <b>19</b> 2:00 Movies	10:30 Chair Fitness <b>20</b> 2:00 Piano Music With Christina (Chapel) 6:30 Music with James Skarnikat (Riverside) First Day of Spring	10:30 Crafts <b>21</b> 2:00 Music with Dave Hiscox (Maple Heights)	10:30 Trivia <b>22</b> 2:00 Residents Council 2:00 Balloon Tennis	10:30 Armchair Travels <b>23</b> 2:00 Independent Activities	10:30 Table Games <b>24</b> 2:00 Bingo	10:30 Aqua Painting <b>25</b> 2:00 Card Games
10:30 Movies <b>26</b> 2:00 Spiritual Service with Chaplin Mark	10:30 Colouring Club <b>27</b> 2:00 Piano Music With Christina (Chapel)	10:30 Crafts <b>28</b> 2:00 Taste Test Social	10:30 Chair Fitness <b>29</b> 2:00 Horse Racing	10:30 Name That Sound <b>30</b> 2:00 Music with Al Crawford (Riverside)	10:30 Price is Right <b>31</b> 2:00 Bingo	