

March 2023



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SP	RI	NG	10:30Fun and formula 10:30Fun and Fitness-Washer Toss 2:00Spa Day	10:30Craft 2 Corner 2:00Bingo	10:30Armchair Travels- Grey and Bruce 2:00Movie & Munchies	10:30Spark Your 4 Senses 2:00You vs The wild with Bear Grylls	
10:30Eldercare 5 on YouTube 2:00Baking	10:30Colouring 6 Club 2:00Piano Music With Christina	10:30Coffee and Conversation 2:00Music with Mary and Norm	International Womans Day 10:30Fun and Fitness- Ball Toss	10:30Craft 9 Corner 2:00Bingo	10:30Taste Test 10 Social 2:00Axe Throwing	10:30Friendly 11 Visits 2:00Independant	

on YouTube 2:00Baking	Club 2:00Piano Music With Christina (Chapel)	Conversation 2:00Music with Mary and Norm (Chapel)	Day 10:30Fun and Fitness- Ball Toss 2:00Womens Day Social	Corner 2:00Bingo	Social 2:00Axe Throwing	Visits 2:00Independant Activities
Daylight Savings 12 10:30Mix & Mingle 2:00Spiritual Service with Chaplin Mark	10:30Colouring Club 2:00Music with Glen and Company (Riverside) 2:00Piano Music With Christina (Chapel)	10:30Morning 14 Scattergories 2:00Family Feud- Maple Heights Vs Riverside	10:30Fun and 15 Fitness- Balloon Tenis	10:30Craft Corner 2:00Music with Leaving Tracks (Maple Heights)	St. Patrick's Day 17 10:30Armchair Travels- Nature 2:00Movie &	10:30Spark Your 18 Senses 2:00Bowling

- 2:00Spa Day Munchies 10:30Eldercare First Day of Spring 10:30Craft 10:30Friendly 10:30Coffee and 10:30Fun and 10:30Horse 20 22 23 24 10:30Colouring Club Conversation Fitness-Corner Visits Racing on 2:00Piano Music With Parachute Fun 2:00Music with Dave YouTube Christina (Chapel) 2:00Bingo 2:00Penny Hiscox (Maple 2:00Residents Council 6:30 Music with James **Activities** 2:00Baking Auction Heights) 2:00Jewellery Making Skarnikat (Riverside)
- 25 2:00Independant 10:30Armchair **31** 10:30Craft Corner 10:30Mix & 26 10:30Colouring 10:30Shake 28 10:30Fun and 29 2:00Music with Al Club Travels-Mingle Loose a Fitness-Crawford 2:00Piano Music Chair Canada 2:00Spiritual Memory (Riverside) With Christina **Fitness** 2:00Movie & Service with 2:00Board Games (Chapel) 2:00Spa Day Chaplin Mark Munchies