




# January 2023 Maple Heights



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Eldercare on YouTube <b>1</b> 2:00 Mix & Mingle 	10:30 Colouring Club <b>2</b> 1:00 Piano Music With Christina 2:00 Fun and Fitness-Bean Bag Toss	10:30 Board Games <b>3</b> 2:00 Spa Day 6:30 Game Night	10:30 Music with Michael Semenuk <b>4</b> 10:30 Fun and Fitness 2:00 Music with Al Crawford	10:30 Craft Corner <b>5</b> 2:00 Bingo	10:30 Hot Chocolate Social <b>6</b> 2:00 Horse Racing	10:30 Spark Your Senses <b>7</b> 2:00 Painting 6:30 Pub Night
10:30 Eldercare on YouTube <b>8</b> 2:00 Baking	10:30 Colouring Club <b>9</b> 1:00 Piano Music With Christina 2:00 Fun and Fitness-Volleyball	10:30 Trivia <b>10</b> 2:00 Pub Afternoon	10:30 Fun and Fitness <b>11</b> 2:00 Name That Sound 6:30 Romcom Movie Night	10:30 Craft Corner <b>12</b> 2:00 Bingo 6:30 Music with James Skarnikat	10:30 Tea Social <b>13</b> 2:00 Board Games	10:30 Spark Your Senses <b>14</b> 2:00 Movie Afternoon
10:30 Eldercare on YouTube <b>15</b> 2:00 Mix & Mingle	10:30 Colouring Club <b>16</b> 1:00 Piano Music With Christina 2:00 Music with Glen and Company	10:30 Board Games <b>17</b> 2:00 Spa Day 6:30 Music and Munchies	10:30 Fun and Fitness <b>18</b> 2:00 Story Telling	10:30 Craft Corner <b>19</b> 2:00 Bingo	10:30 Apple Cider Social <b>20</b> 2:00 Scrabble	10:30 Spark Your Senses <b>21</b> 2:00 Puzzles
10:30 Eldercare on YouTube <b>22</b> 2:00 Baking 6:30 Bingo	10:30 Colouring Club <b>23</b> 1:00 Piano Music With Christina 2:00 Fun and Fitness-Octaband	10:30 Trivia <b>24</b> 2:00 Pub Afternoon	10:30 Fun and Fitness <b>25</b> 2:00 Penny Auction	10:30 Craft Corner <b>26</b> 2:00 Bingo	10:30 Munchies Social <b>27</b> 2:00 Music with Dave Hiscox	10:30 Spark Your Senses <b>28</b> 2:00 Painting
10:30 Eldercare on YouTube <b>29</b> 2:00 Mix & Mingle	10:30 Colouring Club <b>30</b> 1:00 Piano Music With Christina 2:00 Fun and Fitness-Parachute Fun 6:30 Friendly Visits	10:30 Board Games <b>31</b> 2:00 Spa Day	